

QuickSilver Winter Practice Schedule						
Age Group	Group Level	Gunderson	Pinehurst	ASRC	SCVCC Members only	Presentation
10 & Under	10 & U 3-day a week group					M/W/F 6:15- 7:00 PM
	Stroke School 8 & Under	5:30- 6:15 PM	4:00- 4:45 PM	4:45- 5:30 PM	3:30- 4:15 PM	
	Stroke School 9-10	5:30- 6:15 PM	4:00- 4:45 PM	5:30- 6:15 PM	3:30- 4:15 PM	
	AG3	5:15- 6:15 PM		3:45- 4:45 PM	4:15- 5:15 PM	
	AG4	6:15- 7:25 PM			4:15- 5:15 PM	
	AG5	6:15- 7:35 PM				
11 & Up	11& Up 3-day a week group					M/W/F 6:15- 7:30 PM
	Polo Stroke Prep					M/W/F 6:15- 7:30 PM
11-12	Race Prep		5:15- 6:15 PM	6:15- 7:15 PM^	4:15- 5:15 PM^	
	Advanced Racing		6:15- 7:25 PM	6:15- 7:15 PM^	5:15- 6:45 PM*	
	Bronze 4	4:00- 5:15 PM			5:15- 6:45 PM*	
	Bronze 5	4:00- 5:35 PM				
13-14	Race Prep		5:15- 6:15 PM	6:15- 7:15 PM^	4:15- 5:15 PM^	
	Advanced Racing		6:15- 7:25 PM	6:15- 7:15 PM^	5:15- 6:45 PM*	
	Silver 3	6:15- 7:30 PM			5:15- 6:45 PM*	
	Silver 4	5:50- 7:30 PM			5:15- 6:45 PM*	
	Silver 5	4:00- 5:45 PM				
High School 14-18+	Gold 2				5:15- 6:45 PM*	M/W/F 6:15- 7:30 PM Tu/Th 5:15- 6:15 PM
	Gold 3	6:00- 7:30 PM			5:15- 6:45 PM*	
	Gold 4	4:00- 5:50 PM				
	Gold 5					M/W/F 4:30- 6:30 PM Tu/Th 4:00- 6:00 PM Wed 5:45- 7:00 AM